

ZIP IT PILLOW

SUPPLIES NEEDED

copy of School of Sewing
fabrics/supplies on materials list
rotary set: mat, cutter, ruler
coordinating thread
iron
scissors
pins
hand sewing needle

SKILLS TAUGHT

Hand sewing binding, installing a covered zipper, using fusible fleece, machine quilting (optional “extra credit” feature)

Class Prep

Swatches with fusible fleece and fusible Thermolam can help students feel the difference in thickness. Learning to hand sew the binding is a large part of this lesson. Pot holder sized samples can be great for demoing any steps up close.

Teaching the Class

Step 8. Pay close attention to the instructions re: directional prints.

Step 11. Students will be “sewing blind” here, so encourage them to feel along the fabric for the zipper and pause (needle down) to peek under the flap if desired.

Step 12. Be sure students move the zipper pull before trimming the zipper tape. Yikes!

Binding, Step 2. This angle may be a new technique to intermediate sewists.



Binding, Step 6. Discuss the merits of each method, which are outlined in the descriptions on page 107.

Binding, “My Favorite Way”. When joining ends, remind students to check before sewing to ensure that binding is not twisted.

Ladder Stitch, Steps 2-4. Demo or work one-on-one with students for proper needle/stitch placement here, working to achieve the perpendicular stitch described in Step 4.

Ladder Stitch, Step 5. Demo how to fold and mitre for a perfect corner.

► If your students would like to show off their finished pillows, send a photo to

shea@emptybobbinsewing.com or share on social media sites with the hashtag #schoolofsewing. I would love to feature you and your group! Consider submitting info about your experience at theschoolofsewing.com/sewtogether