

## SHOP CLASS OUTLINE

# MY FIRST QUILT

### SUPPLIES NEEDED

copy of School of Sewing  
fabrics/supplies on materials list  
rotary set: mat, cutter, ruler  
quarter-inch foot (optional)  
walking foot (recommended)  
coordinating thread  
iron  
scissors  
pins  
pencil  
curved safety pins  
Flannel-backed vinyl tablecloth  
(recommended)

### ADD ON SALES

sewing machine extension table  
walking foot  
rotating cutting mat  
Clover Wonder Clips  
Flower head pins  
Best Press  
Quilt in a Day Triangle Square Up  
Ruler

### SKILLS TAUGHT

matching quilt block seams,  
half square triangles, machine  
quilting, hand sewn binding

## Class Prep

Prior to class, encourage students to carefully consider the design options on pages 150-152. Stress the importance of selecting fabrics that vary in value and avoiding extreme large scale prints. The photos on pages 70-71 and 149 can help with this discussion. For and students nervous about color selection, revisit the color



theory section on pages 46-48, including the student quote from Christine. Design walls or flannel-backed vinyl table cloths (encourage students to bring one!) are especially handy for quilt layout.

## Teaching the Class

**For our group, we broke the steps down into three classes: Making the Blocks (Steps 1-7), Assembling the Top (Steps 8-15) and Basting & Quilting (Steps 16-23)**

**Cutting:** For any students making a two color quilt, encourage them to try the method shown in the Extra Credit!

**Step 5.** Point out the Pressing Debate sidebar on page 145. Discuss pros and cons with your students, taking their fabric choices into consideration.

**Step 7.** They may grumble, but don't let anyone skip this step. Make it up to them with chocolate!

**Step 8.** Note the description in the instructions for using a flannel-backed vinyl table cloth. I can't

encourage these enough!

**Step 11.** Consult with students and help them decide if they can chain piece their blocks. A demo always helps them understand why this is such a time saving technique.

**Step 12.** Note tip in instructions for pressing left or right.

**Steps 14 & 15.** Point out tip in the sidebar to keep students from wrangling an awkward balance of fabric through their machine.

**Step 18.** Note tip in the instructions for folding quilt top in half. Many may find this helpful.

**Step 19.** Spend some time discussing and planning and marking here. Refer to the Choosing a Quilting Style sidebar on page 148 if needed.

**Step 22.** Demo what the 'quilt wrestling' will look like- rolled up and over your shoulders to keep the weight from hanging off the table. If students get that it is OK to look funny with a 'quilt boa', they'll feel more comfortable jumping in.

**Step 25.** Encourage them to bring the finished quilt back to show you! And have some more chocolate to celebrate!

► **If your students would like to show off their finished quilts, send a photo to**

**shea@emptybobbinsewing.com or share on social media sites with the hashtag #schoolofsewing. I would love to feature you and your group! Consider submitting info about your experience at [theschoolofsewing.com/sewtogether](http://theschoolofsewing.com/sewtogether)**