

SHOP CLASS OUTLINE

SIMPLE STRINGS APRON

SUPPLIES NEEDED

copy of School of Sewing fabrics
on materials list rotary set: mat,
cutter, ruler, coordinating thread

iron

scissors

pins

fabric marking pen

large safety pin

ADD ON SALES

Small acrylic rulers, such as a
1 1/2" x 12" (great for marking
sewing lines!) Edge stitch presser
foot (or Ditch foot, for some
manufacturers)

Bias tape maker

Dritz Ezy-Hem

Seam gauge!

SKILLS TAUGHT

Topstitching, creating a casing,
cutting and sewing on a short
bias edge, measuring and
pressing to hem, sewing divided
pockets.

Class Prep

Be sure plenty of cutting and
pressing stations are available.
Students will be doing a lot of
both! Prepare the Hem Paper
Pressing Guides outlined on
page 87. These will be wonderful
for your students!

Teaching the Class

Step 1. Encourage students to
double check the orientation of



their main apron piece before
cutting the corners.

Step 2. This is the first place in
the book that covers sewing
strips of fabric together at
45-degree angles. Encourage
students to refer to the photo
and explain that sewing at the
angle (vs. sewing at together at
the short ends) reduces bulk in
the final string when folded and
topstitched.

Step 3-6. Remind them that these
steps are just like the drawstrings
from the Lined Drawstring Bag
project from last lesson!

Step 8. In addition to the Hem
Paper Pressing Guides, show
a hem guide (such as the Dritz
Ezy-Hem) and seam gauge.
Students will be drawn to one
of these great options for
hemming.

Step 9. Note instructions to use
edge stitch (or ditch foot) here.

Step 10. Explain bias edge stretch
to students and encourage
them to handle this angled cut
carefully.

Step 14. Be sure these pieces
match up, following instructions
to adjust if necessary.

Step 16. Explain the importance of
reinforcing the tops of pockets.

► If your students would like to
show off their finished aprons,
send a photo to

shea@emptybobbinsewing.
com or share on social
media sites with the hashtag
#schoolofsewing. I would
love to feature you and your
group! Consider submitting
info about your experience
at [theschoolofsewing.com/
sewtogether](http://theschoolofsewing.com/sewtogether)